

PRAVEENLATA SANSTHAN 2019-20

# 



### **AFFILATED & ACCREDITED BY:**

### **GUIDESTAR INDIA**



**Transperancy Key no 4948** 

## NITI AYOG & NGO DARPAN



RJ/2013//0059032

## **INCUBATED & MENTORED BY:**





#### **EMAIL & CONTACT**

info@pls-ngo.org praveenlatasansthan@gmail.co m +91 99820 76666

+91 98292 81408

#### **REGISTERED OFFICE ADDRESS:**

7, Sitarampuri East Govind Nagar Amer Road Jaipur, RJ 302002

# **PROFILE**



#### **ABOUT**

PraveenLata Sansthan is a Jaipur based NGO registered in April 2013 working with its operations across Rajasthan. The primary focus is to alleviate on the problems of the poor and their struggle to obtain a life of justice and dignity focusing on Child Welfare, Women Empowerment & Rural Development. An in-depth understanding of issues in the area and consistent support from community members, have led the organization to undertake and implement various need based interventions on education, health and skill development at grass root level.

#### **Our Vision**

To alleviate poverty by facilitating empowerment of women and girls from poor and marginalized communities.

#### **Our Mission**

We work for behavioural, social & economic transformation of girls and women by providing them community based solutions in the areas of education, health and sustainable livelihood.

# FOUNDER'S SPEAK



#### Dear Friends.

2019-20 has been yet another exciting year that saw PraveenLata Sansthan expand its operations to new geographies and staying committed to its goal to reach 1 Lakh Girls by 2020.

Last year we stretched ourselves to expand our operations to 8 new districts across Rajasthan. This Year we were able to impact life of 15000+ Girls through our programs while our Role Model Activity i.e Pragati Sakhis Impacted lifes of more than 1100 Girls reaching out to the girls in their communities by impacting their life through Educational Support and Capacity Building.

The creative methods of teaching along with peer-topeer learning has proven its success.

As I write this letter, I am thankful for all that PraveenLata Sansthan team has managed to achieve and am extremely hopeful and excited for the future. As we move into another year of aligning with the Global Goals (SDG's), we continue to put creating equality for girls at the forefront of all our work.

At the same time we are placing a renewed focus on the achievement of learning outcomes and quality education for all children. All of our efforts were recognized in communities through Dainik Bhaskar and we were recognized with Green Parrot Award, First MGD Award and many more.

With our vision we plan on economically empowering girls and women to make them independent and have a future plan to transform their lives.

With These accomplishments we enter 2020-21, which will be a year full of hope. A year where we will achieve even bigger milestones.

Bharti Singh Chauhan Founder & Chairperson

•

# **OUR APPROACH & PROGRAM**









**EDUCATION** 

**HEALTH** 

**LIVELIHOOD** 

**SAFETY** 



### **EDUCATION**

Laadli Education & Community Development Program



Capacity Building Program on Menstruation Hygiene Management





### SKILL DEVELOPMENT

Titli Skill Development Program

# **MISSION JAGRITI TO RESPECT SHE**

Capacity Building Program on Personal Safety





# **EDUCATION**

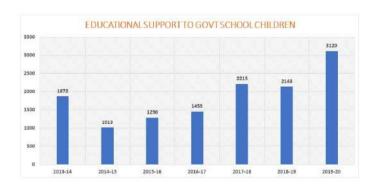
# Laadli Education & Community Development Program





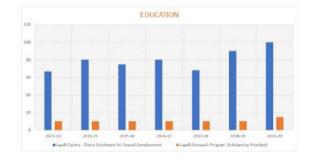
- Remedial Education Program for underprivileged girls to help them bridge the gap and enroll back into school by bringing their educational learning level on par for their age/grade; imparting basic literacy, including creative learning.
- Creating Awareness on interventions taken by state/central government
- Support System to Government Schools for behavioral change of parents and children and increase retention.
- Educational Infrastructure Support to government schools through items like tuition fees, books, stationery, school bags, uniforms, shoes, and cash rewards under this scholarship program to meritorious underprivileged students.
- Indoor and Outdoor Recreational Activities for children.
- **Children's Library** featuring online library access as well as offline reading with story books, motivational books, educational books, etc.

# > IMPACT BOARD



REMDIAL EDUCATION SUPPORT

EDUCATION SUPPORT REACHED OUT TO GOVERNMENT SCHOOLS



#### **HEALTH**

# Capacity Building Program on Menstruation Hygiene Management



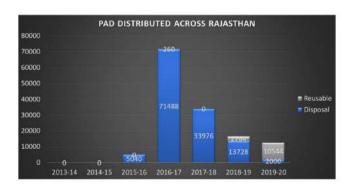
- Create awareness around menstruation hygiene management to educate girls and women on understanding the practices of being safe during periods.
- Breakup the silence to be able to talk and reframe from shame to pride and be safe.
- Low Cost Sanitary Pad Creation by innovating an environmentally friendly and easily accessible Reusable & Sustainable sanitary pad for girls and women across India providing livelihood Opportunity
- Free Medical and Health Check Camps
   across Rajasthan are organized and provide
   free medications as per doctors' advice.
- **Support System Building** on further prescribed treatment.



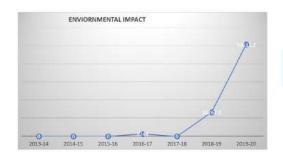
## **IMPACT BOARD**



Training Imparted on MHM



Pad distributed across Rajasthan



Enviornmental Impact

#### SKILL DEVELOPMENT

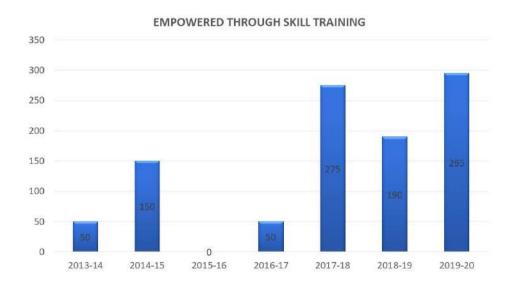
# Titli Skill Development Program





- Skill Development Trainings for girls and women to help them building their skills to get jobs to earn a living, help them start their own enterprise, or land better jobs, leading to a better future. We feature trades such as tailoring, jewellery-making, handicraft, and the computer literacy program
- Life Skill and Soft Skill Development provided to girls and women involved in the program for wellrounded growth.
- **Financial Inclusion Training** to provide a sustainable income that is easily managed and replicated regardless of location.
- Market Exposure and Practical Trainings to create women entrepreneurs that can effectively

**IMPACT BOARD** 



Training Imparted to Girls & Women : 1010

Training Manhours: 3480 No of Courses: 12

## **MISSION JAGRITI TO RESPECT SHE**

# **Capacity Building Program on Personal Safety**





- Capacity Building Program for adolescent girls and women on prevention methods of gender-based violence, Childline, and personal safety
- Focus Awareness about how to protect themselves from all forms of abuse, negligence, and exploitation and to make them aware about their rights.
- **Self Defense Workshops** to enable girls to protect themselves and stay safer.
- Create Awareness of Beti Bachaon and Beti Padhao
  Campaigns by participating in roadshows, Nukkat
  Nattak, activities, and associations.
- CAMPAIGN Respect S.H.E.: Solicitude for Her Esteem
- Promoting Gender Equality by working towards educating and raising every boy in India to view females as equals.
- Developing and Implementing Behavior Change Program.
- Collaborative Approach to Combat Gender-Based
  Violence by campaigning to promote gender equality
  and working together with others.

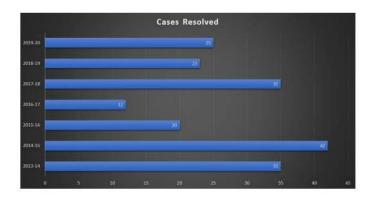


# **IMPACT BOARD**

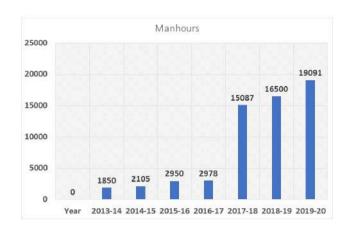


Trainings Imparted to Girls & Women : 24290 No of Workshops: 94

Cases Resolved : 195 Cases Resolved in COrportes : 12







### **VOLUNTEERING MANHOURS**



# **AWARDS & RECOGNITIONS**



- Mahila Siromani Award byRaghu Sinha Mala Mathur Charitable Trust and Yuva Sanksriti Sansthan
- Prerna Stotra Award by Terapanti Mahila Mandal
- Betiya Award by MSME & Maitri









**INTERNATIONAL** 





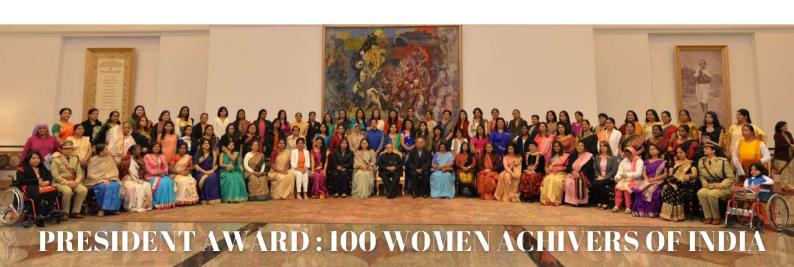
**NATIONAL** 





SIAIE

























# **OUR TEAM**

# **GOVERNING BODY**





# **BHARTI SINGH**

Designation



#### **BIMLA PALIWAL**

Community Development Program Management Experience

O Years – Retired Principal from Girls Government School





MANISH GARG

Designation

Responsibility

Experience

15 Years — Vodafone, International Jain Vaishya Organization, S R

# **ADVISORY BOARD**



Stella Paul International Journalist & Lead Ambassador World Pulse Media Advisory Board



Upasana Chauhan Founder Super Women Next Doors & Youth Campaigner International Campaign Advisory Board



Mukesh Mishra CEO Jaipur Marathon & Director **IIEMR** Community Advisory Board



Ashok Jaimani Criminal Lawyer - Rajasthan High Court



Yatin Gangwani PLS Alumni Intern SPJIMR Program Development Advisory Board



James Brady Mckneely Intern-PLS (U.S, Texas) TEFL Trainer













clues on effecting lives for food for survival. PraveenLata Sansthan is working actively and has channelized ration and other essentials across the remotest parts of the country

# NO OF KITS DISTRIBUTED : 665 Nos (Jaipur)

Atta - 3325 Kg, Rice - 665 Kg, Pulses - 665 Kg, Salt - 665 Kg, Sugar - 665 Kg, Spices -332.5 Kg, Oil - 665 Ltr, Tea Powder - 66.5 Kg

#### **PARTNERS SUPPORT:**





& Individual Donors...



key gaps are being filled through medical interventions for immediate effect. With start in COVID Wave we are reaching out to support wit medical aids like PPE, Mask, Sanitizers, Tunnels, ORS, Thermometers, Oxymeters etc for frontliners and more concise kits are being reached to Individuals

NO OF MASK DISTRIBUTED: 800 Nos





# **OUR SUPPORTERS & PARTNERS**



MIII















# DONATEKART



# Hansol











**And Many More....** 



PraveenLata Sansthan NGO is managed by volunteers & Interns from across the globe focusing to deliver change, To ensure the deliverables below governance and Impact Measurement Model with a few key performance indicators are specified. Tracking is done on monthly and quarterly basis as per requirements. We focus on Transparency and Change.

The following are some of the metrics we track to see the direct impact of our efforts, however we would add more metrics as per suggestions and requirements:



#### **Impact on Learning outcomes**

- Knowledge assessment of girls (on a sample basis) on menstrual hygiene after attending the workshop.
- Attendance level of girls at school (especially during their cycle) after attending the workshop.
- Improvement in Learning Outcome resulting to follow Hygiene Practices
- Increase in self confidence, motivation and self esteem talking about the issues faced around Menstruation

#### **Impact on Change-maker**

 Creating change makers Pragati Sakhis" who will furtherdevelop a chain of Trainers, who will lead the journey of Change in their communities through Peer to Peer Learning

#### **Social Awareness**

- Change in mindsets of Corporate Partners and NGO Work building positivity, brand image in the community
- Change in Mindsets and understanding the need to Save our Planet through Using Plastic Free Periods and Waste Reduction
- Increase in spending on health and education of the household levels resulting to improving quality oflife

#### **Employment Generation for other people**

- Creation of Job Opportunities through Pad PRoject
- Financial independency increase in earning income by ranging from 4000 to 5000 Rs per month
- Increased productivity at Work & sense of job security.







## Impact on Beneficiaries

- Number of dropout girls re-enrolled to school
- Number of students continuing their studies and completing 10th, 12th, college and other higher education
- Number of parents agreeing to send their girls to school after our counseling sessions who have dropped out of school due to challenges like discrimination, child marriages, personal safety, and myths and taboos around menstruation
- Number of children trained on basic computer literacy program and advanced course
- Number of book libraries started and number of books issued and studied by the students
- Number of recreational activities organized for a number of children
- Success stories from children previously lacking in education

## **Impact on Learning Outcomes**

- Improvement in learning outcome by 40% (more children are able to read, write, and calculate) resulting in greater interest in academics
- Increase in self-confidence, motivation, and self esteem
- Higher level of communication and management skills

## Impact on Schools

- Increase in transition rate from primary to upper primary to secondary
- Increase in retention and developing a greater sense of interest in academics
- Educational support provided to a number of beneficiaries Social Awareness
- Number of awareness programs conducted and people reached
- Number of success stories
- Impact on Change-Maker
- Number of change makers "Shiksha Sakhis & Pragati Sakhis" who will further develop chain of social leaders and will lead the journey of Change in their communities and schools.





# SKILL DEVELOPMENT



# **Impact on Beneficiaries**

- Number of Girls and women trained in vocational trainings
- Number of soft skills, life skills, and motivational workshops conducted for a number of beneficiaries
- Number of youths that get employed after our trainings Employment Generation
- Number of employment awareness workshops conducted
- Number of entrepreneurs created
- Success stories on financial independency increase in earning income ranging from 4000 to 5000 rupees per month
- Increase in household spending on health and education, resulting in improvement of quality of life
- Better financial management and awareness

## Impact on Behavioral Change and Transformation of Lives

- Number of child marriages stopped
- Number of adolescent girls and women trained on prevention methods of genderbased violence
- Number of girls counseled that are facing challenges and how many cases are resolved
- Number of girls trained on self-defense
- Number of adolescent boys and men trained on gender equality and pledged to support the campaign
- Number of corporations, NGOs, and CSOs joining to support the campaign Success stories